

HELPING VULNERABLE POPULATIONS HEAL AFTER TRAUMA

A Workshop with Michelle Pruett, LPC-S

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A WORKSHOP FOR MENTAL
HEALTH PROFESSIONALS

Register Early and
Save!

Friday; March 18, 2022

Live interactive online platform-Zoom

6 NBCC Contact Hours * 9:00 a.m.-4:00 p.m.

\$100 Early Registration Rate

\$125 After March 11, 2022

Trauma's impact is both long-lasting and life-changing. The impact of traumatic experiences on survivors' brains, behaviors, and relationships shapes the ways in which our clients approach every aspect of their lives: as parents, partners, students, professionals and more. Because trauma is pervasive, professionals must be prepared to help in healing. Helpers must first understand how trauma impacts survivors and why; then equip themselves with the tools needed for walking the path of healing with them. This training will explore and explain the impact of trauma on the lives of survivors -- children, adults, families, and couples; as well as provide interventions for helping the healing begin.

Excellent presentation! Michelle was great! -Program Participant



Michelle Pruett is a licensed professional counselor and supervisor (LPC-S) and the owner of Pruett Counseling and Consulting, LLC in Mountain Brook, Alabama. Ms. Pruett has more than 18 years' experience providing Crisis Intervention and Child, Family, and Couples therapy. Combined, these experiences evolved into her current work with trauma survivors of all ages. Specialized trainings she has completed include: Trust Based Relational Intervention (TBRI), Eye Movement Desensitization and Reprocessing (EMDR) and Dyadic Developmental Psychotherapy (DDP).

Workshop Objectives:

- Identify the impact of trauma on a survivor's neurobiology and the subsequent changes to behaviors and relationships.
- Understand the importance of integrating formal and informal support systems into clinical intervention with trauma survivors.
- Learn about available treatment models that are appropriate for use with trauma survivors.
- Experience interventions designed to assist trauma survivors in a clinical setting.

FOR MORE INFORMATION:

Lacey Amos • (205) 440-3686 • laceyamoscounseling.com/workshops OR REGISTER ONLINE AT PRUETTCOUNSELING.COM/TRAINING. *Online Registration Only~ Personal Checks Not Accepted ~Full Credit Only (Partial Credit Not Available) *

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